



Grieving During COVID-19

Support Group for Adults

*Have you experienced a loss during COVID-19?
Are you struggling with your feelings?*

We invite you to join a virtual grief support group for adults run by Advocates, in partnership with Jeff's Place.

This closed, 12-week support group will focus on different kinds of grief (loss due to death or life-limiting illness, loss of standard memorial rituals, etc.), the many ways in which people grieve, and coping mechanisms. Participants will learn to work through the grieving process with support from group facilitators and others facing similar challenges.

**Groups will meet weekly for 1-hour.
Start date: TBD, pending enrollment.**

To make a referral or more information:

<http://bit.ly/AdvCCBHC> | (508) 661-2038

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The Grieving During COVID-19 Support Group is offered through the generosity of The Parmenter Foundation.

